



LAKE AINSWORTH

SPORT AND RECREATION CENTRE

The beach experience

The sun and the surf are up, so you won't have a problem getting up and active at Lake Ainsworth Sport and Recreation Centre. On 118 hectares of beach front and lakeside bushland, nestled between Byron Bay and Ballina, this easily accessible Centre boasts an unrivalled beachside experience.

PACKAGES

We offer a range of programs including:

- Outdoor education programs for schools
- School holiday programs
- Weekend getaways for community and social groups
- Seniors getaways for community and social groups
- Disability and special needs programs
- Corporate programs including team building and leadership
- Sporting and coach development programs.

Please give us a call, we'd be happy to run you through the programs and their inclusions, such as accommodation and catering options. Our prices are competitive and great value for money.

Lake Ainsworth Sport and Recreation Centre phone 1800 655 248

Sport and Recreation has 10 other Centres around NSW.

For more information phone 13 13 02 or visit www.dsr.nsw.gov.au.

Find us on facebook www.facebook.com/NSWSportandRecreation



**Office of
Communities**
Sport & Recreation

ACCOMMODATION

For up to 160 guests.

- Lodges with bunk beds and ensuite
- Private self contained two bedroom cottages for up to six people, close to the beach and with barbecue area
- Self cater accommodation that can sleep 26 people in five separate rooms with ensuites. Step off the deck onto the beach.

TASTY CUISINE

Our catering team can prepare a range of nutritious meals from casual barbecues to formal three course meals. Special requirements and menus can be customised for your group. Alternatively you may choose to take up our self catering option.

FACILITIES

- Conference rooms ■ Gym ■ Recreation hall ■ Dining room ■ Sports oval ■ Basketball courts
- Picnic and barbecue area ■ 25 metre swimming pool ■ Two tennis courts.

ACTIVITIES

It's all go, or all slow... depending upon how you choose to spend the time.

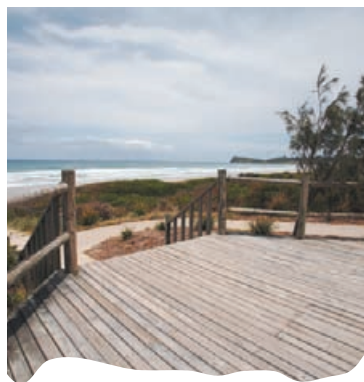
- **Adventure** Indoor rock climbing and challenge ropes course
- **Great Outdoors** Beach walking and bike riding
- **Sport** Archery, tennis, basketball, volleyball and fencing
- **Water based** Canoeing, sailing, snorkeling, surf skiing and swimming.

LOCATION

- Northern end of the Lennox Head township ■ 19 kilometres from Byron Bay and 9 hours drive north of Sydney
- Ballina airport 15 minutes from the Centre.

A stone's throw

- The good life – a mixed bag of alternative and glamorous beach life between Byron Bay and the Gold Coast
- Go east – to Cape Byron, Australia's most easterly point
- Walk on the wildside – check out one of the many National Parks and sub tropical rainforests.



WHAT OUR GUESTS SAY

"The on site combination of modern conference, dining and accommodation options are complimented by the additional facilities such as the gymnasium, tennis courts, swimming pool and beach access. We'll be back!"

Tony Clarke, Exec. Director, North Coast Academy of Sport.

"This stay was even more enjoyable than the first, which is hard to imagine. We are coming home with the opinion it was our best trip ever, and we have stayed at various venues over the past 16 years. All your staff were cheerful and helpful, such attitude rubbing off on all our group."

Seniors group participant.

"The Centre gave us the opportunity to spend time with family, enjoy a great location, plenty of activities and meet other people. Staff were brilliant."

Family camp participant.

CONTACT DETAILS

Lake Ainsworth Sport and Recreation Centre

Pacific Parade

Lennox Head NSW 2478

Phone 1800 655 248 or (02) 6687 7168

Fax (02) 6687 7920

Email lake.ainsworth@communities.nsw.gov.au

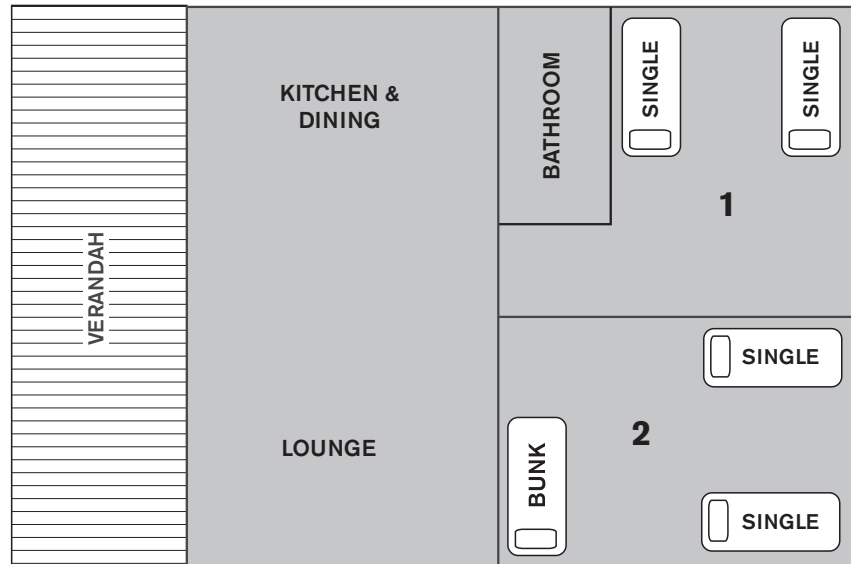


Office of
Communities
Sport & Recreation

Lake Ainsworth

Accommodation floorplans

Cottages 1 - 4



Villas 5 - 9

